

Agenda

Wednesday, August 14

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| 11:00 AM – 12:30 PM | Registration & Lunch |
| 12:30 - 1:00 PM | Welcome: Donato Tramuto , CEO, Tivity Health |
| 1:00 – 1:30 PM | A Fireside Conversation: Katie Couric and Donato Tramuto |
| 1:30 PM | Video: <i>Aging Well in Rural America: A Collection of Stories from the Heartland</i> |
| 1:40 PM | Recognize Awardees from <i>Aging Well in Rural America: A Collection of Stories from the Heartland</i> |
| 1:55- 2:45 PM | A Fireside Conversation: U.S. Senator Bill Frist, M.D. and Joe Coughlin , MIT AgeLab |
| 2:45 – 3:00 PM | Break |
| 3:00 – 4:00 PM | Kick-Off Discussion – <i>The Human Rights of Aging with Dignity: How Social Determinants of Health Impact Social Connectedness as We Age</i> |

Speakers:

- **Garth Graham**, The Aetna Foundation
- **Mary Grealy**, Healthcare Leadership Council
- **Jill Lesser**, WomenAgainstAlzheimer’s
- **Moderator: Donato Tramuto**, Tivity Health

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| 4:00 - 4:10 PM | Story #1 |
| 4:15 – 5:15 PM | Discussion – <i>Successful Models to Address Social Determinants</i> |

Speakers:

- **Heather Dimeris**, Health Resources and Services Administration
- **Cara James**, Office of Minority Health, Centers for Medicare & Medicaid Services
- **Rick Nicholls**, Administration for Community Living
- **Anand Parekh**, Bipartisan Policy Center
- **Moderator: Alan Morgan**, National Rural Health Association

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| 5:15 – 5:30 PM | Wrap-Up: Joe Coughlin , MIT AgeLab |
| 5:30 – 7:00 PM | Reception |
| 7:00 PM | Dinner On Your Own: Enjoy Nashville’s Hospitality! |

Thursday, August 15

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| 6:45 - 7:15 AM | Rise & Shine Yoga by Tivity Health |
| 7:30 – 8:15 AM | Registration & Breakfast |
| 8:30 - 9:00 AM | Reflections & Observations: A Conversation with Joe Coughlin , MIT AgeLab, and Donato Tramuto , Tivity Health |
| 9:00 – 10:00 AM | Discussion – Connecting Research to Programmatic Solutions: Academic & Private Sector Approaches to Social Isolation & Social Determinants of Health |

Speakers:

- **Julianne Holt-Lunstad**, Brigham Young University
- **Elizabeth Colyer**, Sharecare
- **Phil Suiter**, Walmart
- **Joseph Sobel**, BlueCross BlueShield of Tennessee
- **Moderator: David Nash**, Jefferson College of Population Health

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| 10:00 – 10:15 AM | Break |
| 10:15 - 10:20 AM | Story #2 |
| 10:20 – 11:20 AM | Discussion – <i>Making Change Happen: How Value-Based Care Addresses Social Determinants of Health</i> |

Speakers:

- **Caraline Coats**, Humana Bold Goal
- **Jamo Rubin**, Signify Community
- **Sandeep Wadhwa**, Solera Health
- **Robin Whitney**, ProMedica
- **Moderator: Paul Keckley**, The Keckley Report

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| 11:20 – 11:30 AM | Instructions on Break-Out Roundtable Sessions: Robert Avinger , Tivity Health |
| 11:30 AM – 12:30 PM | Lunch |
| 12:30 – 2:45 PM | Break-Out Roundtable Sessions |
| 2:45 – 3:00 PM | Break & Transition |
| 3:00 – 4:00 PM | Takeaways from Break-Out Roundtable Sessions: Facilitated by Joe Coughlin , MIT AgeLab, and Robert Avinger , Tivity Health |
| 4:00 – 4:30 PM | Concluding Remarks: Donato Tramuto , Tivity Health |
| 5:30 PM | Cocktails & Dinner Overlooking Downtown Nashville Location: Bass, Berry + Sims, Pinnacle Building, 150 3rd Avenue South, Nashville, TN |