



Tivity Health®

Living healthier, happier, longer—together

At **Tivity Health**, we work hand-in-hand with clients, members and healthcare partners to create everyday opportunities for long-lasting health and vitality. Our flagship products—**SilverSneakers®**, **Prime® Fitness** and **WholeHealth Living™**—are sought after by consumers and organizations alike not simply because they work, but because we care. Our company of passionate experts is dedicated to delivering a consumer experience that goes beyond supporting physical health to advancing overall vitality—especially in aging populations where consumption and costs of healthcare are greatest. We work side-by-side with millions of consumers, thousands of fitness and community centers, hundreds of healthcare practitioners, and many of the nation’s largest payers and employers to boost lifelong physical activity, connectivity and productivity for members.

Proven Results

We meet consumers where they are, empowering them to take meaningful steps toward a healthier, happier, more productive life. Our solutions are especially designed to address the greatest health barriers adults face today—and the new challenges they’ll encounter tomorrow.

- **15 million Americans now eligible** for SilverSneakers—the nation’s leading community fitness program designed for active seniors
- **10,000+ fitness centers** currently enrolled in our Prime Fitness Network for improving member access and commitment to regular exercise
- **25+ years of clinical and operational expertise** in managing specialty health benefits and networks, including chiropractic services, physical therapy, occupational therapy, speech therapy, acupuncture, massage and complementary and alternative medicine (CAM) services