

August 7 – 9, 2018
The Westin Portland Harborview
Portland, Maine

Tuesday, August 7

12 – 2 p.m.	Registration
12:30 p.m.	Lunch and Briefing/Prep with Roundtable Moderators
2 p.m.	Opening Remarks by Donato Tramuto <ul style="list-style-type: none"> • Introduce concept/theme: <i>Reversing Social Isolation</i>
2:40 p.m.	Rollout of National Polling on Social Isolation (Grand Ballroom) Summary of Key Takeaways on Social Isolation and Rural Aging Populations <ul style="list-style-type: none"> • Donato Tramuto, CEO of Tivity Health • Micah Roberts, Partner, Public Opinion Strategies • Joe Coughlin, Founder and Director of MIT AgeLab • Moderator: Max Gomez, CBS News
3:40 p.m.	Break
4 – 5 p.m.	Kick-off Panel Topic: <i>Setting the Stage on Rural Aging and the Epidemic of Social Isolation</i> Target speakers: <ul style="list-style-type: none"> • Alan Morgan, National Rural Health Association • Julianne Holt-Lunstad, Brigham Young University • Anand Parekh, Bipartisan Policy Center • Moderator: Max Gomez, CBS News
6 p.m.	Reception and Dinner at The Portland Club <ul style="list-style-type: none"> • Walking maps and shuttle service available

Wednesday, August 8

6:30 – 7 a.m.	Morning Well-being Activities <ul style="list-style-type: none"> • Rise-and-Shine Yoga • Portland Downtown Walk
7:15 – 8:30 a.m.	Registration and Breakfast (15th Floor) <ul style="list-style-type: none"> • Breakfast on the rooftop of the Westin Hotel
8:30 a.m.	Welcome/Opening Remarks, Donato Tramuto (Grand Ballroom)
8:50 a.m.	Setting the Stage for the Day, Joe Coughlin (Grand Ballroom)
9 – 10 a.m.	Keynote Address (Grand Ballroom) Title: <i>Making Rural Aging a National Priority</i> <ul style="list-style-type: none"> • Cara James, Director of the CMS Office of Minority Health and Co-Chair of the CMS Rural Health Council
10 – 10:15 a.m.	SilverSneakers® Stretch Break
10:15 – 11:15 a.m.	Interactive Panel Discussion: Experts and Audience (Grand Ballroom) Stakeholder collaboration: <i>How Can the Private and Public Sectors Work Together to Reverse Social Isolation?</i> – Introduction by Joe Coughlin <ul style="list-style-type: none"> • John Feather, Grantmakers in Aging • Jake Swanton, Lyft • Robin Caruso, CareMore Health • Robin Lipson, Executive Office of Elder Affairs, Commonwealth of Massachusetts • Moderator: Alexis Skoufalos, Jefferson College of Population Health
11:15 a.m.	Break
11:30 a.m. – 12:45 p.m.	Lunch and A Conversation with Congressman Joe Kennedy, member of the U.S. House Energy and Commerce Subcommittee on Health Title: <i>Collaborating with Policymakers to Reverse Social Isolation</i> <ul style="list-style-type: none"> • Introductory remarks by Congressman Kennedy followed by an interactive conversation with: <ul style="list-style-type: none"> - Jennifer Weuve, Associate Professor, Boston University School of Public Health - Glenn Pomerantz, Blue Cross and Blue Shield of Minnesota - Moderator: Donato Tramuto, Tivity Health
12:45 p.m.	Transition to Breakout Sessions
1 – 2:15 p.m.	Afternoon Breakout Roundtables 4 Roundtable Topics/Focus Areas on Possible Actions to Improve Social Connectedness <ol style="list-style-type: none"> 1. Elevate the issue of social isolation and loneliness to the national level (2 roundtables). 2. Build on existing resources and infrastructure (2 roundtables). 3. Public policy improvements (2 roundtables). 4. Reform health care delivery and financing structures (2 roundtables). <p>Framework: Each roundtable will be tasked with producing a scope of 3-4 initiatives focused on actionable recommendations in their topic/ focus area.</p>
2:15 – 2:30 p.m.	Break and Transition Back to Grand Ballroom
2:30 – 3:45 p.m.	Group Huddle: Presentation of Takeaways from Roundtables (Grand Ballroom)
3:45 p.m.	Concluding Remarks by Donato Tramuto (Grand Ballroom)
4 p.m.	Conclusion of Afternoon Session
4:45 p.m.	Depart for St. Joseph's College for reception and dinner at The Stone Barn
5:30 p.m.	Cocktails and Dinner at St. Joseph's College in Standish, Maine <ul style="list-style-type: none"> • A celebration of the launch of the Institute for Integrated Aging between Tivity Health and St. Joseph's College

Thursday, August 9

9 – 10:30 a.m. **Advisory Council Meeting**